



Principal's Message

October 16, 2026

A Note from the Principal

What a great week for connecting as a DRK community!

At our October PAC meeting, parents reviewed teacher proposals for Gaming Grant funding. Thank you to our PAC Executive, the parents who participated, and our teachers who submitted proposals. We are so fortunate to have a parent community that continues to invest in our students, and we're excited to see the new opportunities and experiences these contributions will help bring to DRK.

We also want to give a special welcome and thank you to our new PAC President, Courtney St. Martin, who hosted a PAC table at last night's Open House. Having PAC present was another great way for families to connect, ask questions, and learn more about how parents and the school can work together to support our students.

Our Open House was a wonderful evening, with a great turnout from families and lots of excitement about touring the new expansion! Thank you to Mr. Bebee's Outdoor Education students for serving pizza as a fundraiser for their program, and to our Foods Department for the cookies. And, of course, thank you to all of our families who came out to spend the evening with us. It was wonderful to have our school filled with students and families!

Our students have been learning more about the voting process at DRK, and to experience civic literacy. And next Monday and Tuesday they will have the opportunity to participate in Student Vote. It's a meaningful way for students to experience the democratic process and build an understanding of the importance of civic participation.



<https://studentvote.ca/bc/>

A final reminder that while our formal teacher-parent conferences are scheduled for January, you are always welcome to connect with your child's teacher before then. If you have a question, a wondering, or a concern about your child's learning or progress, please reach out. We value the partnership between families and school throughout the year.

Yours in education,
Janet Williams



VP Voice - Halloween at DRK

We're excited to celebrate Halloween at Knox on Friday, October 30! We look forward to seeing the creativity, costumes, and Halloween spirit our students bring to school!

As students plan their costumes, we ask families to help us keep the day safe, inclusive, and enjoyable for everyone. A few friendly reminders:

- No masks that cover faces or make it difficult to identify students.
- No weapons or weapon-like props, including toy swords, knives, or firearms.
- Culture is not a costume. Cultural identities, traditional clothing, sacred symbols, and ceremonial items are not costumes. We ask students to choose costumes that celebrate creativity without appropriating or making fun of another person's culture or identity.
- School-appropriate costumes should be respectful of others and free from offensive, discriminatory, or excessively graphic content.
- Ready for learning! Costumes should allow students to move safely and participate fully in regular classes and school activities, including PE and exploratories.

While we're adding a little Halloween fun to the day, regular learning will still be taking place!

Thank you for helping us make Halloween a fun, welcoming, and respectful celebration where everyone feels a sense of belonging. We can't wait to see our students' creativity come to life!



Rebecca Austin

The Next Two Weeks:

Monday/lundi, October 19: 6-5-8-7
skixwiws

- Student Vote

Tuesday/mardi, October 20: 2-1-4-3
s?aslasqt



- Student Vote
- Learning Lounge afterschool room 108

Wednesday/mercredi, October 21: 6-5-X-8-7
ska?flásq̃t

- SEL Lesson #2
- Learning Lounge afterschool room 108

Thursday/jeudi, October 22: 2-1-4-3
smasq̃t

- Learning Lounge before school room 108

Friday/vendredi, October 23: Pro D - No School
scælkstasq̃t

Monday/lundi, October 26: 8-7-6
skix^{wi}ws

Tuesday/mardi, October 27: 4-3-2-1
s?aslasq̃t

- Learning Lounge afterschool room 108

Wednesday/mercredi, October 28: 8-7-6-5
ska?flásq̃t

- Learning Lounge afterschool room 108
- Photo Retake Day (AM Only)

Thursday/jeudi, October 29: 4-3-2-1
smasq̃t

- Learning Lounge before school room 108

Friday/vendredi, October 30: 8-7-6-5-X
scælkstasq̃t

- Costume Contest (before school)
 - Trick or Treating at lunch (for those who come to school in costume!)
 - Flocks Event #2
-

Highlights and Items to Note:

October 23 Pro D Day No School

October 28 Photo Retake Day

October 30 Costume Contest / Trick or Treating / Flocks Event #2

November 4 Gr. 9 Take Your kids To Work Day - PARENT PERMISSION REQUIRED

November 10 Remembrance Day Assembly 10 am @ DRK Gym

November 11 No School - Remembrance Day

Student Leadership Events & Initiatives

OCTOBER 30 🍁

Costume Contest

- Enter the costume contest in the gym before school starts
- Winners will be announced later in the day!



Trick-or-Treating

- If you're wearing a costume, you will receive a trick-or-treating bag in Block 6 to take to different classrooms at lunch!

Flocks Event #2

- Get ready to earn some Flock points by tackling some classroom challenges & playing some fun assembly games!

Athletics:

ATHLETICS

Fall (Sept- Dec)

Gr 7/8/9 Volleyball

X-Country Running

Gr 7/8 Rugby

Gr 7/8 Girls Field Hockey

Winter (Dec-Feb)

Gr 8/9 Basketball

Extended Winter (Feb-Mar)

Gr 7 Basketball

Spring (April-May)

Gr 7/8/9 Track and Field

Gr 7/8/9 Ultimate Frisbee

Gr 7/8/9 Archery



School Store Daily Specials

HOT LUNCH

MENU

MONDAY

Rotating
Menu



TUESDAY

Tortellini pasta
with red or white
sauce

\$3



WEDNESDAY

Chicken Fingers
and Fries

\$4.50



THURSDAY

Hot Dogs



FRIDAY

Pizza



Bulletins





DIVE INTO THE FUN, MAKE A SPLASH

AND SWIM IN SYNCH WITH THE
KELOWNA DOLPHINS
THIS YEAR! ≡



REGISTRATION FOR THE
2026-2027
SEASON IS NOW OPEN!



PROGRAMS AVAILABLE
FOR YOUTH
AGES 5 TO 20
AND FOR ADULTS.



RECREATIONAL,
LIMITED COMPETITIVE
AND PROVINCIAL
COMPETITIVE
PROGRAMS
AVAILABLE FOR
ALL AGES.



BUILD SKILLS,
MAKE FRIENDS,
GAIN CONFIDENCE
AND BE PART OF A
SUPPORTIVE
TEAM ENVIRONMENT!



FUN, FITNESS
AND PURPOSE—
IN AND OUT
OF THE POOL!



EMAIL

registrar@kelownadolphins.com



VISIT

kelownadolphins.com

FOR MORE INFORMATION
ABOUT SCHEDULES AND FEES.

YOU'RE INVITED TO A

Parent Information Night

Online and In-Person
Child Safety



DATE

November 4, 2026



TIME

Doors open: 5:30pm
Presentation:
6:00-7:00pm

Question period to
follow



LOCATION

School Board Office
(1040 Hollywood Rd. S)
LC Meeting Room 355

SCAN OR CLICK TO SIGN UP



<https://tinyurl.com/sd23parentnight>

TOPICS COVERED



Why talking about bodies and personal safety matters



Prevention of online exploitation



Child abuse prevention strategies



How to talk to your child about their body and personal safety



Strategies and tools for parents and caregivers

PRESENTERS



Cpl. Renee Brand

Kelowna RCMP's Child Abuse Unit



Sgt. Celina Gammie

Kelowna RCMP's Vulnerable Persons Unit



Natalie Howe, RN

Interior Health
Population Health
Program Specialist



Central Okanagan
Public Schools
Together We Learn



Interior Health



**LIGHT SNACKS &
REFRESHMENTS**

provided

FREE

Youth Nights

City of Kelowna

OUR NEXT YOUTH NIGHTS

Nov.7th & Dec.5th

6 - 9 PM | GR 6 - 9

Come to Parkinson Rec Center
for a free, fun-filled night.
Pizza and snacks included!

More info at
kelowna.ca/calendar

FREE



Information for Parents and Caregivers

Resources to support you and your child



Register for free training

Tips to protect children
and youth online



Have a conversation

Talk with children and
youth about things they
may be experiencing

What kind of information can I find on erase.gov.bc.ca?

- **Practical guidance** to help you support your child's safety and well-being
- **Resources and information about:**
 - Diversity and inclusion
 - Mental health and substance use
 - School and online safety
- **Free training sessions** to help you keep your child safe online
- **Videos** explaining erase, the Report It Tool, and safe, caring and inclusive schools
- **Tips** for bringing concerns to your child's school

What is the Report It Tool?

Report It is an **anonymous online tool** for **students** to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erase.gov.bc.ca.



Questions? Reach out to your school to learn more.



Ministry of
Education and
Child Care





WHERE KIDS CREATE TOGETHER
AND TAKE THE STAGE



2027 SPRING/SUMMER CAMPS

Award-winning arts camps for kids ages 5-12 to play, create, and explore music, theatre, and visual art together, ending the week with a performance on the Mary Irwin Theatre stage. Guided by expert artist-instructors, kids build confidence, self-esteem, and creative skills.

5 DAY CAMP -

Time: 9 AM - 4 PM

- MARCH 15-19
- JULY 19-23
- AUGUST 16-20
- JULY 5-9
- JULY 26-30
- AUGUST 23-27
- JULY 12-16
- AUGUST 9-13
- AUGUST 30-SEPTEMBER 3

4 DAY CAMP -

Time: 9 AM - 4 PM

- MARCH 22-25
- AUGUST 3-6



JAZZ CAMP

\$485

Time: 9 AM - 4 PM
AUGUST 16-20



"The teachers, programming, and energy was so positive and enriching, and I highly recommend them for parents looking for a safe, positive, culturally rich camp activity for your kids!"

-Danielle

Scan to Learn More



250.717.5304

RotaryCentrefortheArts.com

421 Cawston Ave, Kelowna BC

@RotaryCentrefortheArts

ROTARY
centre for the arts

Riding back to school?



Get back to
BASICS

Learn more at:



busready.bctransit.com/basics



BUS Ready





Priorité:

Ensemble, nous prenons des risques pour pratiquer et améliorer notre français.

LES ATTENTES:

1. Je communique en français dans chaque classe.



2. Je contribue à une communauté francophile.



3. J'ai le courage de persévérer.



Helpful Links for Parents

DRK PAC

RECYCLE WITH RETURN-IT AND SUPPORT THE PAC

It's simple and convenient!

1. Sign-up for a free **Return-It Express** account (if you don't already have one) in the App or at www.return-it.ca/.
2. Bring your unsorted containers in sealed, clear bags to a Columbia Bottle Depot location:
 - 1936 Kent Rd
 - 680 Dease Rd
 - 1314 St. Paul St
3. Use the phone number you registered with to log in at an Express Kiosk.
4. Print your tags, tag your bags, and leave them at the depot.
5. They'll sort and count the containers and credit your Express Account.
6. In your App, choose to donate the refund to **Dr. Knox PAC**.

See www.return-it.ca/app/donation-details/ for full instructions.



Return-It App | Return-It

Getting started is simple! Whether you're new to the Return-It App or just looking for guidance, this page has everything you need. Find step-by-step tutorials on navigating the welcome page, redeeming your funds, checking your recycling history, and more. Make the most of your app experience.

 return-it.ca



School Contact Info

Principal: [Mrs. Janet Williams](#)

Vice Principal A-K: [Rebecca Austin](#)

Vice Principal L-Z: [Elizabeth Isabelle](#)

Email: drk@sd23.bc.ca

Website: drk.sd23.bc.ca

Location: 121 Drysdale Blvd.

Phone: (250) 870-5130



École Dr. Knox Middle School

drk@sd23.bc.ca

Contact